

# *IET® and Prosperity*

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Welcome!

Integrated Energy Therapy® and Prosperity Consciousness is what we are exploring today. Let's begin by you stating an intention... Why are you here for this workshop? What do you hope to gain? \_\_\_\_\_

My experience with this topic came from observations and work with clients, family and self. The majority of people who came to me for services presented some type of physical ailment and/or were in some type of crisis. Many clients were in the midst of major life changes. No one came seeking improvement in their financial situation, yet, as we worked, many experienced improvement in their financial situations. I began to look more closely at why, and to look more closely at my life. There was a common thread – releasing suppressed emotions and relieving physical conditions seemed to clear the way for better “reception.” On every level, as IET® cleared what “ailed” them, a new possibility could be perceived and received which then could lead to more fulfillment and “prosperity.”

Exercise - \_\_\_\_\_  
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Your thoughts, feelings and beliefs, as highlighted in this exercise, become a way to better understand your relationship to prosperity. When working with a loved one or client, having them discuss attitudes around money, finances, abundance, etc can help them to identify areas of restricted energy. Even if they are not sure what all their “issues” may be, at least the conversation will “tickle” the restricted areas and prepare them for release.

What is your earliest memory of money? (That question alone can set off all kinds of things). When do you last remember feeling totally “free” and cared for? What childhood perceptions did you have of money, finances, being rich, etc? What did your parents believe about prosperity?

Our relationship to prosperity is linked to our understanding of Abundance...of being in the Divine Flow. IET® can help to heal the limiting effects of certain belief systems and past actions with regard to “money matters.” As you energize, release and integrate, there is an experience of connection, freedom and expansion, which then empowers and enables a prosperous path.

Abundance can be defined as perceiving that one has enough or plenty. But really it is deeper than that. Abundance is expecting to have "enough." Yet for different people that is quite subjective...one person's plenty could be someone else's "poverty." Prosperity is often considered easier to define, in that it can mean to be successful or fortunate. But this can also be subjective...How do you define success for yourself? How does your client?

When I speak of abundance...I think Wellspring...a Source from which opportunities and resources flow. We are connected to this and can tap it. We move in this stream, receiving and giving.

Prosperity can be the tangible representations of the abundance in life. Here is a key place to examine our attitudes: What external proofs do we need to know that we are "successful," "fortunate," or living in abundance. What does it mean to "make it?" Do I have a relaxed relationship with my "possessions" or do they make me who I am. How do we determine if others are prosperous?

When I speak of prosperity...I think of Valuableness...how do we accept that we are valuable persons,,with or without lots of dollars and possessions. Prosperity can materialize as we know our worth as a whole person. As we let go of restrictive emotions, thoughts and beliefs, we can tap into greater prosperity from the abundance around us.

IET® enables a prosperous consciousness "by releasing limits and aligning the person with their highest good at their heart center for their soul's purpose." Within this statement is an important point made by numerous authors and speakers – a person who begins to recognize and acknowledge their heart's desire, their soul's longing, their sense of "why" they are here, takes a crucial step in their journey and along their path towards true fulfillment. As we stop doing what we think we should, and start honoring what we need and want and what serves the highest good and healing for self and community, then Abundance becomes more apparent, and Prosperity materializes more readily.

Of course, we can do this "work" and see the "flow" and still not know where to go with it all. Identifying and releasing self limiting beliefs and emotions starts us, and knowing and asking for what we want moves us along further. But absolutely necessary is RECEIVING what is in the flow for us. I am often struck by how people will ask and expect their blessings, and yet pass them right by because they didn't come in exactly the form expected or imagined. Our imagination can conjure all kinds of visions, plans, hopes and dreams, yet we must stay open to all the ways those might get delivered. Likewise, we cannot be too shy or proud to receive what we want or need.

A useful way to become more aware of the abundance around us as we move along our soul's path, is to be GRATEFUL for all that we have ( yes, all, not just the good...for the "bad" creates lessons that move us in powerful ways.) The Attitude of Gratitude puts you in tune with that Divine Flow. What are your greatest resources? \_\_\_\_\_  
How do acknowledge and celebrate what you are grateful for? \_\_\_\_\_

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IET® focused on prosperity can clear blocks, shifting numerous no longer useful perspectives, and then expanding awareness. As clearings occur and integrated energy anchors in new vibrations, "new thinking" happens too. You learn to see in new ways. The logical and intuitive aspects of the mind flow more freely, allowing you to process and act on options and opportunities.

As we invite Angelic support and welcome the assistance of our soul buddies and soul mates, our lives rise to a new level. Sharing these "gifts" and blessings expands the world around us, and will lessen the fears often associated with "acting" on our options. As a person becomes aware of their desire to let go, grow and join the flow of abundance, IET® becomes a powerful tool to enable the process. IET® can provide a loving, supportive and safe space to release...explore...and embrace.

When doing a session, you have numerous options to invite awareness to the matters of money, finances, prosperity, etc as you utilize the basic, intermediate and advanced level techniques. You can also focus a session to this topic entirely. Often everything is interrelated...there are layers. Using the intuitive senses can help you to connect what is happening where for self treatment or to facilitate another. I sometimes state that we are "looking for the piece to release, so that there can be Peace." (ie, a wholeness that allows new possibilities.)



On the next pages, I speak more specifically to my observations and experiences with IET® and prosperity by providing some outlined information. I offer this to you for your discernment and possible use. The guides and angels will assist and adapt the process for the highest good and healing as is needed for your clients. So if you choose to use this and notice some differences that's okay...this...and we...are all dynamic, organic, works in progress.

## **IET® Cellular Memory Map and Prosperity**

The map we first learned in Basic provides the basis for all we "do" as we clear, shift and manifest new vibrations. What is slightly different is that we are thinking about the Cellular areas from the FOCUS of prosperity (money, finances, riches, etc.) So then, how has the first area, or any other, been affected by experiences with money concepts, beliefs, etc? What imprints might exist? How are some of the person's other presenting problems interconnected?

1-Crown – Guilt – doing wrong; failure; separated; disconnected; having to protect from wrath of God

*This is the area that takes in the flow of absolute unconditional Love. Any sense of separation can "cut off" the awareness of connection and Divine Flow.*

2- Third Eye- Distrust – limits ability to make choices and act spontaneously; perceptions of hurt from prior decisions; experience of deceit and/or abuse.

*Financial problems resulting from certain decisions will limit processing; may not trust ability to make "right" decision; confuse intuitive input with "gut" that got it wrong before.*

3-Throat and lungs – Shame – Expression – issues with approval, rejection and being able to say what one wants; limits on living fully; suppression can lead to not knowing what one wants out of life.

*Multitude of issues here for prosperity – doing what one really wants; expressing beliefs without ridicule; childhood imprints from parents and teachers comments; dislike of job; doing the job Mom or Dad told you to...*

4- Back of Neck – Threat – real or imagined; limits ability to feel safe and trusting in the world; need to protect.

*Security issues around jobs, positions, investments; having a faith in being taken care of; competition for perception of limited resources; layoff threats; benefits issues; risk*

5- Shoulders – Shoulds – should do or should be, self or other imposed; over responsibility; co-dependency; sacrificing self – losing touch with self

*Busy area for prosperity and money matters...*

6- Heart - Heartache and Betrayal – grief; longing, loneliness; limit ability to give and receive love

*Were money and material goods used to gain love; what has been lost; material wealth to fill the void; prosperity desired first, then give away charitably; love-based decisions challenged those in charge...*

7- Anger and Resentment – takes lots of energy to hold these; limits love and joy; limits ability to be here in the now, to let go and be free

*Many intricate layers can exist here from behaviors of families, partners, employers, etc; perceived wrongs are pondered and weigh down the process of moving prosperously.*

8- Adrenals and Stomach – Stress and Powerlessness - perceptions of dangerous situations; trapped; power shortages; struggling; fight or flight

*Life struggle can create many issues here, changes at work; survival and support; clashes with bosses and peers; control issues*

9 – Kidneys – Fear – unknowns; ideas and expects

*People are desperate for security around their financial wants and needs; can lead to rash decisions or no decisions; more control issues; unwillingness to change*

## **Angelic Support for Prosperity**

The Cellular memory areas can be imprinted with all kinds of "negative" stuff with regard to money and prosperity. The possibilities seemed limitless. A process then revealed itself with the Angels "lining up" to assist on all the levels. I found that I could work on a client in the traditional way, but this other version emerged and was quite useful.

This session involves holding the memory areas and listening for messages or dialoguing with the person. At the end of holding these areas, I invite the angels to specifically work on the integration points. A pattern emerged of the order I/we would then work. Often, affirmations were then used as the "imprint."

The most common order for the Angels is Raphael, Ariel, Cassiel, Celestina, Michael, Gabriel, Daniel, Sarah, and Faith. I thought it coincidence, but then saw the wisdom in this order:

Raphael helps to clear the illusions of separation and offers Divine illumination. If the crown chakra is where we connect to Spirit and draw in unconditional Love, then in order to appreciate Abundance and manifest prosperity, the first place to go is the crown. Once Raphael hooks us back up to the flow, then Ariel steps in.

Ariel often felt like she was marshalling the forces. Once Raphael reconnected the person, there seemed to be movement around the energy body with a sense of calling out who was next. Sometimes the order changed but this part was consistent. There can be an "opening up" too.

Cassiel of course covers the Heart area. Now that there is connection to Love and awareness of flow, and Ariel's presence activates the soul purpose, Cassiel's vibration seems to fill the body allowing love to be better received and given. The Love flows through to highlight what we are grateful for. There is a softness and lifting feeling that relaxes and supports.

Celestina's energy enables the clearing of the swallowing of self expression and activates the awareness of how to express the creative, manifesting self. The Love connections from Raphael, Ariel and Cassiel set a powerful process into motion in which there is confidence to do the "work" that needs to be done.

Michael appears next. His role is to keep us focused on the light. His strong presence is perceived as protection and limits fear creeping into the process as we step with Love into the flow of Abundance.

Gabriel activates the mind processes...as the large feeling processes have come into resonance. A sense of trust of self is enhanced. The logical and intuitive processes integrate and allow better "vision" for how to accomplish goals. Seeing possibilities and receiving the Divine Download "lightens" the path to prosperity.

Daniel helps to remove judgement and enables forgiveness. The most important work is on the self forgiveness and then towards others. The letting go here, sets the pattern to realize that we can have a "so what" attitude around many events in our lives. Mistakes are not earth shattering. Things happen; people will not always behave their best, but this does not have to limit your love, joy and prosperity.

Sarah can now really do her work with all of the love flowing and connections being made and the judgements set aside. Her gift is empowerment and we can receive that and use it when we perceive we are plugged into Source and expect manifestation.

Faith then frees us to follow our hearts and paths with the belief "I can if I choose to." You can now attract who and what you need and want.

## **Affirmations**

As the angels work in this order, I have the sense of a spiral and cycle, with Ariel then grounding in the process.

Sometimes I use the IET® Empowerment Imprints from page 11 in the Basic manual to seal in what the angels are doing. Often I adjust the language to reflect our focus on prosperity. Yet, using the Empowerment Imprints the way they are is very beautiful and powerful.

There is also the possibility of using Affirmations as imprints. I recommend this as "homework" for clients. You can help the person develop the affirmations during the session, or at least give them guidelines on development and use. You can also have a list of affirmations as a bonus for them to take home.

Affirmations are simply positive statements used to reprogram your subconscious. This statement when repeated over and over with emotion will influence internal forces and manifest change in your life. Affirmations can tap the unlimited creative power of your mind and manifest your desires. The formula for an effective affirmation is to say it in the present tense as if you already have what you want, make it a positive statement, and be short and specific. The key is persistence and feeling. Studies have shown that the heartfelt repetition yields results.

Some examples: "I am what I choose to be," "All my needs are met instantaneously," "I love and accept myself exactly as I am," "I create plans to attain my financial blessings," "I become what I imagine...I imagine I am healthy, happy and wealthy."

Exercise – create an affirmation for the Raphael/crown chakra \_\_\_\_\_  
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## **Conclusion**

There are numerous books and speakers today that speak of creating Riches in one's life. You can blend those processes with what we have discussed today to create a powerful session. My hope was to share with you how IET® and the Healing Angels can wonderfully and lovingly create a "rich" life – one that is fulfilling, joyful, abundant and attracts material manifestation to the level you desire.

**Thank you! Blessings!**

## **Questions and comments**

**Closing** – Self Treatment – 5 Minute Empowerment Session focused on Your Prosperity.