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Everyone needs permission to get well. Repeat the following:

***I GIVE MYSELF FULL PERMISSION FOR EVERY CELL IN MY
BODY TO BE PERFECT AND WELL. (Repeat 3 times and then say
the following:)***

***I AM WILLING ENOUGH AND WORTHY ENOUGH TO RECEIVE
THIS HEALING. (Repeat 3 times)***

UNNATURAL BLOOD ROTATION = DEGENERATION, DISEASE AND PREMATURE AGING.
NATURAL BLOOD ROTATION = REGENERATION.

***FROM THE DIVINE LOVE WITHIN MY BEING, I CALL FORTH ALL
CREATIONS, WHICH HAVE SYSTEMS CONTAINING BLOOD WITHIN THEIR
BEING. I OFFER YOU THIS HEALING TO ACCEPT OR REJECT ACCORDING
TO YOUR FREE -WILL CHOICE. I COMMAND MY BLOOD AND ALL OF MY
FLUIDS ON ALL LEVELS OF MY BEING, IN WHICH STRESS IN ANY FORM
HAS CREATED AN UNNATURAL ROTATION OF POLARITY OR IMBALANCE
IN THE BLOOD, BE RESTORED TO ITS NATURAL BALANCE AND RHYTHM,
AND THOSE ENERGIES CREATING THIS STRESS BE TRANSMUTED INTO
THE DIVINE EXPRESSION OF CREATIVE LOVE. AND SO IT IS. (Repeat 1 time)***

CENTERED AND BALANCED: BY RICH WORK

***I COMMAND I BE PRESENT, FOCUSED, CENTERED, AND BALANCED 100%
IN THE FIFTH DIMENSION, IN PRESENT TIME, WITH MY SOUL IN MY
BODY, BALANCED ACCORDING TO MY HIGHEST LEVEL OF
CONSCIOUSNESS. AND SO IT IS. (Repeat 3 times)***

Ask is the ESSENCE that takes care of me in my body? YES or NO? IF NO SAY:
TREATMENT: GET YOURSELF BACK INTO MY BODY (Repeat 6 times)

CALL YOUR WHOLE NAME A MINIMUM OF SIX TIMES TO GROUND THE ESSENCE. THIS INCLUDES FIRST, MIDDLE, MAIDEN AND ALL LAST NAMES IN THE ORDER YOU OBTAINED THEM. THEN DOWSE OR VERIFY THAT 100% OF FRAGMENTS ARE UNIFIED AND NAMED. I ASK IT TO BE SYNCRONIZED AND BALANCED WITH THE PHYSICAL BODY. (EXAMPLES OF HOW YOU LEAVE YOUR BODY INCLUDE: DREAMS, MEDITATION, PLANNING AHEAD, GETTING OUT OF THE NOW, FAVORITE SPOT, ETC.)

I COMMAND THE ESSENCE THAT TAKES CARE OF ME TO STAY PUT!!! (Repeat 3 times)

Note: **If chronic**, use the Sphenoid Treatment and check for anchoring. To activate sphenoid: wiggle bridge of nose for 10 seconds.

Need to anchor self in the physical: Dowse which two places out of four need to be connected:

CROWN____, PINEAL____, HEART____, UMBILICUS

HOLD THE TWO PLACES BY CAGING ALL THE FINGERS WITH THUMBS FACING EACH OTHER FOR 10 SECONDS.

WHILE YOU ARE HOLDING THIS POSITION, REPEAT THE WORD "**ANCHOR**" (3 times)

Ask if all the subtle bodies are present? YES or NO? If no:

PERCENTAGE OF FRAGMENTATION: DOWSE FOR MISSING SUBTLE BODIES:

PERSONALITY____, PHYSICAL____, MENTAL____, EGO____,

DESIRE____, EMOTIONAL____, SEXUAL____, ASTRAL____, SOUL____,

SPIRIT____, PSYCHIC____, INSTINCTUAL____,

ETHERIC____, CELESTIAL____

I AM ASKING THAT 100% OF THE NAME SUBTLE BODIES BE BROUGHT BACK, RESTORED, ENERGIZED AND BALANCED WITH THE PHYSICAL BODY.

THINK YOUR WHOLE NAME SO THE FRAGMENTS WILL BLINK ON AND OFF AND BE EASIER TO GATHER AND BE RETURNED TO YOU. YOU CAN DO THIS YOURSELF OR ASK YOUR GUARDIAN ANGEL TO HELP YOU. **NOTE:** FRAGMENTS HELD BY PERSONS YOU HAVE HAD HARSH WORDS WITH OR UNBEARABLE SITUATIONS WILL BE SLUGGISH IN RETURNING TO YOU. EXTRA DEMANDING FORCE MAY BE NEEDED, REGARDLESS OF FAMILY, FRIENDS OR FOES.

THE FLOW OF ENERGY...HOW DO YOU FEEL?

HOW ENERGY ENTERS THE BODY:

IN THE BOTTOM OF THE LEFT FOOT CIRCLES UP AND AROUND, COMES DOWN AND EXITS OUT THE BOTTOM OF THE RIGHT FOOT.

FRONT OF BODY POSITIVE.....PALMS POSITIVE

BACK OF BODY NEGATIVE....BACK OF HANDS NEGATIVE

FINGER TIPS ARE NEUTRAL

POLARITY REVERSED.... IS MY POLARITY REVERSED? IF YES,

RIGHT HANDED: RIGHT HAND OVER LEFT WITH PALMS TOGETHER AND RIGHT LEG OVER LEFT LEG, HOLD FOR 30-60 SECONDS.

LEFT HANDED: LEFT HAND OVER RIGHT WITH PALMS TOGETHER AND LEFT LEG OVER THE RIGHT LEG. HOLD FOR 30-60 SECONDS. MUSCLE TEST AGAIN TO CONFIRM POLARITY REVERSAL.

POLARITY HEALING AFFIRMATION:

LET THIS BE IN COMPLETE BALANCE FOR 100% TO MY HIGHEST GOOD.

(repeat 3 times)

YOU HAVE THREE POWER SOURCES TO CHOOSE FROM:

THE UMBILICUS, THE FORE-HEAD, THE TAILBONE

ENERGIZE THE HANDS BY RUBBING BRISKLY AND PUT ONE PALM OVER THE CLOSEST POWER SOURCE AND THE OTHER PALM WHEREVER IT HURTS, AND THEN REPEAT THE ABOVE AFFIRMATION.

BRAIN CENTER HOOK UP:

BRAIN CENTERS ARE THE FOREHEAD, BELLY BUTTON, EACH PALM OF HAND, BEHIND EACH KNEE, AND SOLES OF BOTH FEET.

MUSCLE TEST OR DOWSE WHICH CENTERS ARE NOT ON. EXAMPLE: IF BELLY BUTTON IS OFF, IT HAS TO BE LINKED WITH THE FOREHEAD BY PLACING ONE HAND ON THE FOREHEAD AND ONE HAND OVER THE BELLY BUTTON AND REPEATING THREE TIMES: LET THIS BRAIN CENTER BE HOOKED UP AND BALANCED FOR 100% TO MY HIGHEST GOOD. NEXT HOOK UP PALMS WITH BELLY BUTTON AND BACK OF KNEE WITH PALMS AND SOLES OF FEET WITH BEHIND THE KNEE. REPEAT THE PHRASE FOR EACH ONE.

BRAIN HOOK UP:

HOOK UP RIGHT BRAIN TO LEFT BRAIN TO FRONT BRAIN, TO MIDBRAIN, TO HIND BRAIN, TO CONSCIOUS BRAIN, TO SUBCONSCIOUS, TO SUPERCONSCIOUS, TO SUB SUPERCONSCIOUS, TO SOUL CONSCIOUS, TO

EGO, TO BODY MIND, TO SOUL MIND, AND TO THE MEDULLA OBLONGATA AND LET IT RUN CONTINUOUSLY.

MIND, BODY AND SOUL: BY RICH WORK

FROM THE DIVINE LOVE WITHIN MY BEING, I CHOOSE TO BE WELL, WHOLE AND PERFECT OF MIND, BODY, AND SOUL AND HAVE DOMINION OVER MY MIND, BODY AND SOUL IN PEACE, JOY AND HARMONY THROUGHOUT THE TOTALITY OF MY BEING. I CALL FORTH MY MIND AND MY BODY TO ALIGN WITH MY SOUL AND TRANSMUTE ALL INTERFERING THOUGHT PATTERNS AND ENERGIES INTO THE DIVINE EXPRESSION OF CREATIVE LOVE.

MY ENERGY: BY RICH WORK

I AM ONE WITH CREATION ON ALL LEVELS OF CONSCIOUSNESS. I EMBRACE THE MICROCOSM AND THE MACROCOSM SIMULTANEOUSLY. I ACKNOWLEDGE THE ENERGY WITHIN AS "MY ENERGY". I CALL FORTH THE ENERGY WITHIN CREATION, ON ALL LEVELS OF CONSCIOUSNESS, OUT OF ALIGNMENT AND OUT OF RESONANCE WITH CREATIVE LOVE. I NULLIFY ALL VOWS, CONTRACTS AND AGREEMENTS BINDING THIS DISHARMONIC ENERGY IN CREATION AND TRANSMUTE THIS ENERGY INTO THE DIVINE EXPRESSION OF LOVE. I COMMAND "MY ENERGY" TO BE USED ONLY IN THE DIVINE EXPRESSION OF CREATIVE LOVE. I SEE THOSE ENERGIES WITHIN ME CONNECTED TO CREATION FLOWING THROUGH MY BEING, RECONNECTING WITH THE EARTH IN DIVINE PERFECTION IN PEACE, JOY AND HARMONY. AND SO IT IS.

CLEARING OF ALL FORMS OF REVERSALS:

IS THIS BODY CLEAR OF ALL REVERSALS? IF NOT ASK:

CREATOR OF ALL THAT IS, WE ARE ASKING THAT YOU CLEAR THIS BODY OF ALL FORMS OF REVERSALS.

ARE WE CLEAR TO GIVE AND RECEIVE 100% TRUTH AND ACCURACY THROUGHOUT ALL 13 DIMENSIONS? IF NOT ASK:

WE ARE ASKING THE CREATOR OF ALL THAT IS TO CLEAR THIS BODY THROUGHOUT ALL 13 DIMENSIONS.

IS THERE A LASER PATHWAY OR BEAM GOING OR AIMED AT THIS BODY? IF YES:

CREATOR OF ALL THAT IS, WE ARE ASKING THAT YOU CLEAR AND TURN OFF THIS LASER (OR BEAM) BEING AIMED AT THIS BODY.

ASK AGAIN IF IT IS CLEAR. IF NOT, THEN ASK THE FOLLOWING:

DO THEY NEED CORE ENERGY? IF YES, *I ASK THAT MY CORE ENERGY BE PUT INTO BALANCE 3 TIMES.*

ARE THEY INTEGRATED IN ALL THEIR CELLS WITH THEIR SPIRIT ENERGY?
IF NOT, ***I ASK MY CELLS TO BE INTEGRATED WITH MY SPIRIT ENERGY. 3
TIMES***

ARE THEY DIS ASSOCIATED OR DIS CONNECTED? IF YES, ***I ASK FOR MY
CELLS TO BE PUT BACK INTO BALANCE ACCORDING TO MY HIGHEST
GOOD. 3 TIMES***

DO THEY HAVE TO ASK GOD TO FORGIVE FOR YOU? IF YES:
***PLEASE FORGIVE ME FOR ANY HARM OR PAIN THAT I HAVE BROUGHT TO
MYSELF OR ANYONE ELSE AND ANY OF MY PERSONALITIES THIS
LIFETIME OR ANY PAST LIFE.
3 TIMES.***

***I ASK THAT ALL OF MY (CHAKRA & MERIDAN SYSTEMS) BE TURNED ON
AND ALIGNED AND BE IN PERFECT BALANCE FOR 100% TO MY HIGHEST
GOOD. 3 TIMES***

POLARITY BODIES: BEGIN BY ASKING IF ALL OF THE POLARITY
BODIES ARE IN BALANCE. IF NO, ASK SEPARATELY, FOR EXAMPLE, IS THE
MENTAL POLARITY BODY IN BALANCE? IF NO ASK FOR WHICH OF THE
THREE QUESTIONS ARE OFF. FOR EXAMPLE, IS THE CONTROLLING
FACTOR IN THE MENTAL POLARITY BODY CLEAR? IF YES GO TO SECOND
QUESTION AND THEN THIRD. ONE OF THEM WILL BE NO. THEN YOU DO
THE TREATMENT. DOWSE FOR PERCENTAGE TO SEE IF IT IS 100% CLEAR.
MENTAL____, EGO____, DESIRE____ EMOTIONAL____, SEXUAL____,
ASTRAL____, SOUL____, SPIRIT____, PSYCHIC____, PERSONALITY____,
INSTINCTUAL____, ETHERIC____ CELESTIAL_____.

ASK EACH POLARITY BODY IF IT IS CLEAR. THE ONE THAT IS NOT CLEAR,
ASK THE FOLLOWING THREE QUESTIONS: CLEAR AS YOU GO.

1. IS THERE A CONTROLLING FACTOR?
2. IS THERE A MAGNETIC CENTER IMBALANCE?
3. IS THERE A THOUGHT FORM?

**TREATMENT FOR THE ABOVE QUESTIONS THAT ARE OFF: PLEASE
CLEAR THE PROBLEM AREA OF 1,2,OR 3 (NAME) POLARITY AND PUT IT
BACK INTO BALANCE.**

FOR EXAMPLE, PLEASE CLEAR THE CONTROLLING FACTOR IN THE
MENTAL POLARITY BODY AND PUT IT BACK INTO BALANCE.
WAIT... CHECK IS IT CLEAR?

TECHNIQUES THAT WORK FOR ME BY RAYMON GRACE

LIFE FORCE SHOULD BE 100%.

I ASK MY LIFE FORCE TO BE RAISED TO 100% PLEASE. (Repeat 3 times)

ENERGY LEVEL SHOULD BE AT LEAST 24,000.

I ASK TO RAISE MY ENERGY LEVEL TO THE HIGHEST APPROPRIATE LEVEL FOR ME. (Repeat 3 times)

I ASK TO RAISE MY HOME ENERGY LEVEL TO THE HIGHEST APPROPRIATE LEVEL FOR US. (Repeat 3 times)

PAIN OR DISCOMFORT RELEASE:

I ASK TO DEACTIVATE THE OFFENDING ELEMENT AND I ASK TO SCRAMBLE THE FREQUENCY OF THE SAME AND ADJUST IT TO MY IDEAL BODY FREQUENCY. THANK YOU. (Repeat 3 times)

PROSPERITY FREQUENCIES:

I ASK TO ADJUST THE PROSPERITY FREQUENCY TO THE HIGHEST BODY FREQUENCY. (Repeat 3 times) ASK FOR THE ABOVE EVERY DAY.

**CALL ON YOUR GUARDIAN ANGELS TO HELP WITH THE PROBLEM!
PROBLEMS:**

_____ ***GET A HOLD OF*** _____
(MIDDLE NAME) (YOU PICK A FAVORITE NAME)
WE HAVE A PROBLEM WITH OUR _____
PLEASE COME DOWN HERE, CORRECT AND FIX IT.
THANK YOU. (Repeat 3 times)

TOTAL BODY REPAIR:

_____ ***GET A HOLD OF*** _____ ***CALL IN MY***
(MIDDLE NAME) (USE SAME FAVORITE NAME)
HIGHER SELVES, MY GREAT I AM PRESENCE AND COORDINATE MY HEALING FOR MY TOTAL BODY REPAIR TO BE IN PERFECT HEALTH FOR 100% TO MY HIGHEST GOOD. THANK YOU.

FEELING SCATTERED:

WHEN FEELING SCATTERED OR LOST, OR WHEN SOMEONE "SHOULD UPON YOU" OR "DUMPS ON YOU" THEY HOOK INTO YOUR ENERGY AND WALK AWAY WITH IT, OR YOU CAN MANIFEST SOMETHING FROM THEM. REPEAT THE FOLLOWING TO DISCONNECT.

GUARDIANS OF THE UNIVERSE, PLEASE DISPEL, AND DISPERSE, ALL OF THESE ENERGIES THAT WE ARE SENDING TO YOU, TO THE PROPER DIMENSION. GUARDIANS, PLEASE LOVINGLY RELEASE ALL ENERGIES THAT ARE ATTACHING AND DO NOT BELONG TO ME AND RELEASE THEM BACK TO THE UNIVERSE FOR THE TRANSFORMATION. THANK YOU

**EMOTIONAL BALANCING: LIFE ENERGY BY DR. JOHN DIAMOND
CHECK FOR EMOTIONAL LINKING**

**YOUR BODY DOESN'T LIE BY DR. JOHN DIAMOND (THIS BOOK TEACHES
MUSCLE TESTING.)**

YOUR 12 EMOTIONAL ORGANS NEED TO BE IN BALANCE TO FUNCTION
PROPERLY. **NOTE: YOUR EMOTIONAL BODY IS IN CHARGE OF YOUR
PHYSICAL BODY.**

THREE CHECK POINTS: 1. THYMUS 2. LEFT HEMISPHERE 3. RIGHT
HEMISPHERE

AFTER CLEARING THESE THREE CHECK POINTS, THEN CHECK THE
FOLLOWING:

1. HEART 2. PUBIC BONE 3. SACRAL FOR EACH ORGAN. CHECK AGAIN
FOR BALANCE.

**NOTE:WHEN YOU THINK NEGATIVE THOUGHTS, YOU TAKE AN ORGAN
DOWN. WHEN YOU SAY THE FOLLOWING AFFIRMATIONS, YOU BRING
THE ORGAN BACK UP.**

(Repeat each of the following 3 times, once per day for 7 days.)

THYMUS: *I HAVE LOVE, FAITH, TRUST, GRATITUDE AND COURAGE*

LUNG: *I AM HUMBLE, I AM TOLERANT, I AM MODEST.*

**GALL BLADDER: *I REACH OUT WITH LOVE & I REACH OUT WITH
FORGIVENESS***

**SPLEEN: *I HAVE FAITH AND CONFIDENCE IN MY FUTURE;
I AM SECURE, MY FUTURE IS SECURE***

KIDNEY: *MY SEXUAL ENERGIES ARE BALANCED, I AM SEXUALLY SECURE*

**LARGE INTESTINE: *I AM BASICALLY CLEAN AND GOOD,
I AM WORTHY OF BEING LOVED***

**CIRCULATION-SEX: *I RENOUNCE THE PAST, I AM GENEROUS, I AM
RELAXED***

HEART: *I HAVE FORGIVENESS IN MY HEART, I LOVE, I FORGIVE*

STOMACH: *I AM CONTENT, I AM TRANQUIL*

THYROID: *I AM BUOYED UP WITH HOPE, I AM LIGHT AND BUOYANT*

SMALL INTESTINE: *I AM JUMPING WITH JOY, I AM FULL OF JOY*

BLADDER: *I AM IN HARMONY, I AM AT PEACE*

THYMUS: *I HAVE LOVE, FAITH, TRUST, GRATITUDE AND COURAGE*

CLOSE WITH: *MY LIFE ENERGY IS HIGH, I AM IN THE STATE OF LOVE.*

BODY ATTUNEMENT PROCESS:

THE COSMIC CHANNEL IS THE SPIRITUAL BACK

NEW DIMENSIONS IN HEALING BY REV. HANNAH KRUGER

CHECK FOR COSMIC CHANNEL IF OFF, DO THE FOLLOWING:

CORRECTION: HOLD TWO SPLIT FINGERS (INDEX AND MIDDLE) AT BASE OF SKULL. MAKE SURE TO RUN A FINGER EACH SIDE OF THE SPINE AT THE SAME TIME AS YOU GO HALF WAY DOWN THE SPINE.

SAY: "THE COSMIC ALL IS THE POWER OF GOD'S LOVE."

AS YOU CONTINUE TO THE BOTTOM OF THE SPINE

SAY: "THE COSMIC ALL IS THE POWER OF GOD'S ORDER." (Repeat 7 times)

YOUR SEXUAL ENERGY IS YOUR FOUNTAIN OF YOUTH

WHEN LEAKING ENERGY, FEELING BLAH, NO ENERGY, RUNG OUT, TIRED, WEAK, FAINTING. ENERGY USUALLY LEAKS OUT OF THE GROIN AREA, OCCASSIONALLY FROM OTHER ORFICES.

CORRECTION: KEGAL MANEUVER TO STOP LEAKING ENERGY.

TO CLOSE THE TOP CIRCUIT: PLACE TONGUE BEHIND TEETH ON ROOF OF MOUTH AT THE HARD PALATE.

TO CLOSE THE BOTTOM CIRCUIT: SQUEEZE BUTT CHEEKS TOGETHER TIGHTLY.

BRING ENERGY UP FROM THE TAILBONE/COCCYX, SPLIT AND RUN UP BOTH SIDES OF THE SPINE (COSMIC CHANNEL), UP TO THE BACK SIDE OF THE BRAIN AND DOWN THE FRONT OF THE BRAIN, DOWN THE FRONT OF THE SPINE DOWN TO THE PERINEUM AND AROUND THE BUTT TO THE BASE OF THE SPINE/COSMIC CHANNEL. (Repeat 6 times)

RESTLESS LEG SYNDROME IS YOUR SEXUAL ENERGY

STACKING IN YOUR LEGS

STACKED ENERGY IS BLOCKED FROM ASCENDING THE COSMIC CHANNEL.

CORRECTION: KEGAL MANEUVER TO STOP STACKING ENERGY.

TO CLOSE THE TOP CIRCUIT: PLACE TONGUE BEHIND TEETH ON ROOF OF MOUTH AT THE HARD PALATE.

TO CLOSE BOTTOM CIRCUIT: SQUEEZE BUTT CHEEKS TOGETHER TIGHTLY.

BRING ENERGY UP THE TAILBONE/COCCYX, SPLIT AND RUN UP BOTH SIDES OF THE SPINE (COSMIC CHANNEL), UP TO THE BACK SIDE OF THE BRAIN AND MENTALLY WITH INTENTION, (THIS IS THE FOUNTAIN OF YOUTH PART.) NAME EACH ORGAN AND SEND THE ENERGY WHERE YOU WANT THE ENERGY TO GO WITH YOUR INTENTION, FILLING UP EACH ORGAN, BLOOD VESSELS, BONES, ARTERIES, ETC.

ADDITIONAL USEFUL INFORMATION

MANUALLY TURNING THE ENERGY ON:

THIS MAY BE NECESSARY ANY TIME SOMEBODY MOVES THE ENERGY FROM FRONT TO BACK. FOR EXAMPLE, PUTTING A HAT ON OR BRUSHING YOUR HAIR BACK.

START AT THE BACK OF THE HEAD WITH THE PALMS FACING THE BACK OF THE HEAD. BRING FORWARD OVER THE FACE THREE TIMES WITH THE PALM FACING THE FRONT OF THE FACE. CIRCLE AROUND TO THE BACK AND DO THIS THREE TIMES.

STOMACH MERIDIAN: ACROSS NIPPLE LINE

SHUTS DOWN BECAUSE OF X-RAYS, METAL DETECTORS, AIRPORT XRAY MACHINES, GROCERY STORES, AUTOMATIC ELECTRIC DOORS, SCANNING ON COMPUTERS, ETC.

CORRECTION: CONE FINGERS AND GO CLOCKWISE AROUND EACH BREAST 6 TIMES.

MIRROR WORK:

**I AM VALUABLE (Repeat 3 times) I AM OF VALUE (Repeat 3 times)
I AM A V.I.P.**

**YOU ARE MAGNIFICENT (REPEAT 3 TIMES) I AM
MAGNIFICENT (REPEAT 3 TIMES WHILE LOOKING IN
MIRROR)**

HEART CIRCUIT BREAKERS:

TUG AND TWIST LEFT PINKIE FINGER, THEN LEFT THUMB.

TUG AND TWIST RIGHT PINKIE FINGER, THEN RIGHT THUMB.

(PINKIE IS INSIDE HEART CIRCUIT BREAKER AND THUMB IS OUTSIDE HEART CIRCUIT BREAKER.)

NOTE: RINGS OR METAL ON THUMB OR PINKIE WILL SHORT CIRCUIT THE FLOW OF ENERGY TO THE HEART. RINGS ON MIDDLE FINGER WILL SHUT DOWN ALL POSITIVE AND NEGATIVE FLOW

BLESSINGS FOR EVERYTHING YOU OWN AND PUT ON OR IN YOUR BODY:

LORD BLESS THIS (ITEM) AND LET IT RESONATE PERFECTLY WITH MY BODY. (Repeat 3times)

CAN ALSO BE USED

PLEASE ADJUST THIS SUBSTANCE (WHATEVER YOU ARE HOLDING) IN SUCH A WAY IT WILL MEET THE TOTAL NEEDS OF MY BODY WITHOUT CAUSING DISCOMFORT OR DISEASE. THANK YOU (REPEAT 3 TIMES).

**THIS INCLUDES ALL METAL, BUTTONS, PLASTIC, NYLON, TEETH, ALL DENTAL WORK AND TEETH APPLIANCES, FILLINGS, SHOES, PURSES AND ALL CONTENTS, POUCHES, FANNY PACKS. ALL JEWELRY, FASTEN ALL NECKLACES FROM RIGHT TO LEFT FOR RIGHT HANDED PEOPLE & LEFT TO RIGHT FOR LEFT HANDED PEOPLE, OTHERWISE THE ENERGY FLOW WILL BE REVERSED. ALL WATER, LIQUIDS, FOOD. MEDICATIONS, AND SUPPLEMENTS, (WHOLE BOTTLE), ALL LEATHER PRODUCTS, SHOES, BELTS, BILLFOLDS, MONEY, ALL CHANGE, & PLASTIC CREDIT CARDS (EVERYTIME AFTER USING CARD; REDO AGAIN)
REPEAT EACH TIME FOR EACH ITEM**

SELF INFLICTED AND ENVIRONMENTAL POISONS:

GUARDIANS PLEASE REMOVE ALL SELF INFLICTED AND ENVIRONMENTAL POISONS FROM MY BODY AND ALL ORGANS SUCH AS MY IMMUNE, LYMPHATIC, HORMONAL, EMOTIONAL SYSTEM, MENTAL, PHYSICAL, SPIRITUAL, CIRCULATION, SPINAL NERVES, ETHERIC, MERIDIANS, ALL CHAKRAS, SOFT TISSUE, LIGAMENTS, MUSCLES, KIDNEYS, SALIVA, EYES, BLADDER, FACE, PANCREAS, LIVER, SINUS. LUNGS, COLON. STOMACH, THYROID, ARTERIES, BLOOD VESSELS, VEINS, THYMUS, EARS, NOSE, MOUTH, ANUS, TONGUE, SPINE, FINGERS, ANKLES, WRISTS, JOINTS, HAIR GEL, PROSTATE, PENIS, ALL TOXIC RESIDUE, PAIN KILLER, ANESTHESIA, DRUGS, OR SUPPLEMENTS, HAIR COLOR, HAIR DYE, HAIR SPRAY, ANTIBIOTICS, TAMPOMS, SANITARY NAPKINS, PANTY LINERS THAT ARE NOT COMPATIBLE WITH MY BODY. PLEASE REMOVE ALL POISONS FROM EACH CELL OF MY BODY AND BETWEEN EACH CELL OF MY BODY AND LET EVERYTHING COME BACK TO COMPATABILITY.

I ASK THAT ALL RESIDUES OF ANY AND ALL CHEMICALS TO BE NEUTRALIZED AND RELEASED FROM ALL CELLS AND TISSUES AND ALL PULLED OUT OF STORAGE AREAS THAT ARE NOT NEEDED FOR HEALTH AND WHOLENESS. REPEAT THIS 3 TIMES.

CLEARING OF ALL NEGATIVE THOUGHT FORMS:
GUARDIANS, PLEASE RELEASE ALL NEGATIVE THOUGHT FORMS FROM THIS BODY AND TRANSFORM THEM TO POSITIVE ENERGY AND SEND TO THE UNIVERSE FOR GROUNDING AND TRANSFORMATION.

CLEAR ALL ENERGY FIELDS SURROUNDING THIS BODY AND CLEAR ALL FIELDS IN THE VEHICLES AND HOME LIVING ENVIRONMENT. GO TO ALL AREAS OF LIVING QUARTERS.

DEATH WISH:

CHECK FOR A DEATH WISH BY HAVING THEM VISUALIZE THE WORD "DEATHWISH" ACROSS THEIR FOREHEAD. IF POSITIVE, HOLD THE NEURAVASCULAR POINT ON THE FOREHEAD TO ERASE. HAVE THEM REPEAT THE FOLLOWING:

I FULLY AND FREELY AND SAFELY GIVE UP THESE EMOTIONS AND FEELINGS I'M WORKING WITH. (Repeat 3 times or until clear.) THEN HAVE THEM HOLD THEIR PUBIC BONE AND CHECK FOR DEATHWISH THERE AND THEN REPEAT THE ABOVE AFFIRMATION. THEN PUT HAND ON SACRAL AREA AND CHECK FOR DEATHWISH THERE. IF POSITIVE REPEAT THE ABOVE AFFIRMATION. (Repeat each 3 times.)

RENEW DNA:

ASK GUARDIANS TO HOOK UP DNA STRANDS 8-12. WAIT THEN ASK GUARDIANS TO HOOK UP DNA STRANDS 1-7 TO STRANDS 8-12. THEN DECLARE THE FOLLOWING:

RENEW AND RESTORE DNA TO PERFECT BALANCE TO INCLUDE HEALTH, WHOLENESS, YOUTHFUL VITALITY OF THE MIND, BODY AND SPIRIT, CLARITY OF THOUGHT, HEALTHY JOYFUL HARMONIOUS EMOTIONAL BODY, JOY AND ENTHUSIASM OF SPIRIT. (Repeat 1 time)

NON-BENEFICIAL FREQUENCIES; BY RAYMON GRACE

ANGER, DISHARMONY AND LACK OF CO-OPERATION WITHIN A GROUP OF PEOPLE OR YOURSELF IS AN EXAMPLE OF THESE NON-BENEFICIAL FREQUENCIES.

REPEAT: I ASK THE DOWSING SYSTEM, POWERS THAT BE TO HAVE THEM REMOVED AND OR TRANSFORMED INTO SOMETHING BENEFICIAL

GOOD BEING WITHELD

MY GOOD CANNOT BE WITHELD FROM ME. SOMEWHERE, SOMEHOW, SOMEDAY THE GOOD THAT SEEMS LOST IN THIS EXPERIENCE WILL BE RESTORED TO ME AND TO MY CHILDREN. OUR GOOD WILL STILL COME TO US, AT THE RIGHT TIME, IN THE RIGHT WAY THROUGH THE RIGHT CHANNELS.

IT IS THE FATHERS' GOOD PLEASURE TO GIVE ME THE KINGDOM OF UNLIMITED SUPPLY, AND IT IS MY GOOD PLEASURE TO RECEIVE IT. I AM RECEIVING. I AM RECEIVING NOW. I AM RECEIVING ALL THE WEALTH GOD HAS IN STORE FOR ME, AND GOD HAS UNLIMITED WEALTH FOR ME NOW.

**NON-BENEFICIAL FREQUENCIES; BY RAYMON GRACE
ANGER, DISHARMONY AND LACK OF CO-OPERATION WITHIN A GROUP OF PEOPLE OR YOURSELF IS AN EXAMPLE OF THESE NON-BENEFICIAL FREQUENCIES.**

REPEAT: I ASK THE DOWSING SYSTEM, POWERS THAT BE TO HAVE THEM REMOVED AND OR TRANSFORMED INTO SOMETHING BENEFICIAL
COMMENT: ENERGY DOES NOT STAND STILL. IT MOVES CONSTANTLY. SOMETIMES WE CAN DO ONE TREATMENT LIKE THIS AND SOLVE THE PROBLEM AND SOMETIMES IT MUST BE REPEATED. IT IS WORTH REPEATING.

Excess Electrical Energy
*I command that all excess electrical energy that I have
Now be transmuted into.
An energy that is appropriate for me in this time.
In the evolution of my being,
And that this process continue to take place
In a harmonious sequence.
And so be it.*

My Connection to the Earth
From the Divine Love that flows within my Being, I proclaim my desire to remain in my physical Body, so I may experience and fulfill my journey in peace and joy upon the Earth. I see those energies within me that are connected to Creation flowing through my Being, reconnecting with the Earth in divine Perfection. And so it is.

ENERGY CELL

PLEASE CREATE AN ENERGY CELL AND PLACE IT IN EVERY ROOM OF YOUR HOME TO EMIT PEACE, LOVE AND HARMONY.

USE DISCRETION AND PUT IT IN PUBLIC BUILDINGS AND EVEN IN CHURCHES.

CLEANING AND CLEARING THE BLOOD

MY BLOOD IS CLEAN AND PURE AND IN PROPER ROTATION. REPEAT 3 TIMES.
THE VERY CELLULAR STRUCTURE OF YOUR BODY NEEDS TO HEAR YOU TELL IT THAT IT IS WORTHY.

IN THE NAME OF SPIRIT I CREATE PEACE IN MY LIFE, AND ASK TO FEEL THE LOVE OF SPIRIT WITH EACH BREATH.

I AM THAT I AM. I AM WORTHY AS A CHILD OF THE UNIVERSE, PLACED ON THIS PLANET TO ACHIEVE GREAT THINGS, I DESERVE ALL THAT I CAME TO BE. ONLY GOOD THINGS WILL ATTACH THEMSELVES TO ME. I AM THAT I AM.

PSYCHIC CORDS:

I ASK TO CUT THE CORDS AND THE FREQUENCY OF THEM BE SCRAMBLED IN SUCH A MANNER THAT THEY CAN NEVER BE RE-ATTACHED OR CAUSE ANY HARM.

X-RAY – METAL DETECTORS – MAMMOGRAMS

CIRCLE SIX TIMES CLOCKWISE AROUND EACH BREAST.

THIS IS THE STOMACH MERIDIAN AND IT TURNS OFF WHEN YOU WALK THRU THE DETECTORS.

ENZYME DIGESTION:

WIGGLE AROUND MOUTH WHILE TAPPING OVER BOTH EARS – THEN THE HEART.

VIOLET CONSUMING FLAME:

I ASK MY PRESENCE TO PASS THE VIOLET CONSUMING FLAME THRU ME AND DISSOLVE EVERY DISCORDANT THING FROM ME.

COMMAND STATEMENT TO RELEASE PAIN

I COMMAND THE PAIN IN MY (WHEREVER THE PAIN IS, TOUCH THE AREA), TO BE RELEASED IMMEDIATELY. REPEAT UNTIL IT LEAVES. IF ANY RESIDUAL IS LEFT, WITH THE TONGUE ON THE ROOF OF THE MOUTH, BREATHE, IN THRU THE NOSE AND VISUALIZE THIS HURT AS DARK ENERGY, AND BLOW IT OUT THE MOUTH. CONTINUE THIS UNTIL IT IS RELEASED.

A CLOSER WALK WITH GOD

THIS SPIRITUAL CONSCIOUSNESS IS THE HEALING AGENT. THE CALL IS TO GIVE YOURSELF TO THE SILENCE. REST IN PRAYER AND MEDITATION, AND GIVE YOUR ATTENTION TO THE FOLLOWING:

*I am not the body. I am not cells and organs and tissue.
I am a pure expression of divine life.
The condition of the body does not change what I am.
I have never been sick. Illness is not my nature.
I am whole, complete, and perfect now.*

REMEMBER, A CONSCIOUSNESS OF GOD IS THE HEALER.

TO RELEASE ALL OLD MEMORY OF ACCIDENTS:

PUT RIGHT MIDDLE FINGER IN UPPER INDENTATION WITH THE 2ND FINGER BELOW AT THE BACK OF THE HEAD.

REPEAT: I WOULD LIKE RESOLUTION, COMPLETION, AND COMFORT WITH THE OLD PAIN OF ACCIDENTS HERE. I WOULD LIKE TO HAVE THIS HAPPEN FOR ME IN THE MOST COMFORTABLE BENEVOLENT WAY. REPEAT 3 TIMES.

TO PUT YOU IN THE VIBRATION OF HEALING: REPEAT THE FOLLOWING:
PUT HANDS IN PRAYER POSITION
DEAR GOD - I LOVE YOU I LOVE YOU I LOVE YOU

REPEAT OVER AND OVER AGAIN UNTIL YOU CAN FEEL THE DIFFERENCE

END WITH A HEART HUG

HARMONY WITH DIVINE PURPOSE

BRING THIS LIFE INTO HARMONY WITH (MY OR THEIR) DIVINE PURPOSE. MAY THIS LIFE COME INTO HARMONY WITH GOD'S WILL. MAY (I OR YOU) SO LIVE THAT ALL WHO MEET (YOU OR ME) WILL BE UPLIFTED. THAT ALL WHO BLESS (YOU OR ME) WILL BE BLESSED, THAT ALL WHO SERVE (ME OR YOU) WILL RECEIVE THE GREATEST SATISFACTION. IF ANY SHOULD ATTEMPT TO HARM YOU OR ME, MAY THEY CONTACT (MY OR YOUR) THOUGHT OF GOD AND BE HEALED.